

Policy JLCK
Physical and Emotional Well-Being of Learners
Board Approved: August 18, 2025

The Board is committed to helping to ensure that all learners within the district are supported in their physical and emotional well-being, recognizing that these are essential to academic success and personal development. In order to further the above, along with the complementary objectives of fostering a safe and supportive environment for its learners, the Board endorses the following measures:

1. Physical Health Support

- a. Ensure access to nutritious meals and clean drinking water.
- b. Provide regular physical education and opportunities for physical activity.
- c. Maintain clean, safe, and accessible school facilities.
- d. Offer health screenings and referrals to medical services as available.

2. Emotional and Mental Health Support

- a. Implement age-appropriate social-emotional learning programs.
- b. Provide regular training for staff on mental health awareness and trauma-informed practices.
- c. Employ qualified school counselors, psychologists, and social workers.

3. Prevention and Intervention

- a. Establish procedures for identifying and supporting learners in crisis.
- b. Promote anti-bullying initiatives and conflict resolution programs.
- c. Explore ways to collaborate with families and community organizations to extend support beyond school.

Parents/guardians are encouraged to discuss any physical or emotional concerns they have about their learner with the learner's teacher, school counselor or school nurse as applicable.

District Policy History:

First reading: July 21, 2025

Second reading: August 4, 2025

Third reading/adopted: August 18, 2025

District revision history: Adopted December 5, 2022

NH Statutes

RSA 189:11

Description

[School Boards, Transportation and Instruction of Pupils](#)

NH Dept of Ed Regulation

N.H. Code Admin. Rules Ed 306.04(b)(15)

Description

[Behavior Management and Intervention for Learners](#)

N.H. Code Admin. Rules Ed 306.04(b)(23)

[Meeting the Special Physical Health Needs of learners](#)